

The Prayer Shawl Ministry

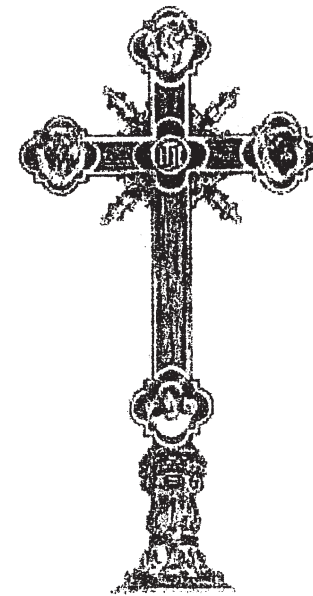
A prayer shawl or prayer cover is meant to bring comfort to the wearer, and an awareness of God's presence in our daily lives. God knows our deepest needs, and we trust in God's promise to sustain us.

The person who created your shawl prayed for you while knitting. That person may or may not have known your name or your circumstances, but every stitch was combined with prayer specifically for you.

Whether in times of distress or moments of joy, let your prayer shawl be a reminder that God loves you. Remember when it rests on your shoulders that you are covered in prayer. Wear it for its beauty, for its warmth, for its solace.

This gift is offered to you in love.

Covered in Prayer



Saint Andrew's Episcopal Church

Praying with Your Prayer Shawl

You may wish to keep your prayer shawl with you throughout the day, or you may want to reserve it for quiet times of prayer and meditation. Ask the Holy Spirit to be with you and to guide your prayers.

Your prayer time might begin with a reading from scripture and continue in silence, allowing the Holy Spirit to speak directly to your spirit. Praying aloud or listening to music may inspire you to a new understanding of God and his plan for your life.

The shawl is meant to be a reminder of how close God is to you. You may feel strengthened by weaving into your daily thoughts the scriptures that tell how God loves you, and wishes to bless you.

Offer your prayers for yourself or for others, knowing that the Lord of the Universe hears and values your words. May you take comfort in all of God's promises, and comfort in this shawl.

A Prayer Shawl Prayer

Loving Father,
I praise you for your power, and I thank you that you have a plan for my life. I am grateful for the love you show to me every day.

Open my heart, Lord, to your healing energy, and cover my spirit with your peace.

Give me a renewed sense of your presence in my life. Let this prayer shawl enfold me as your love does.

Let its comfort remind me of your love and its beauty of your splendor.

Allow me to draw strength from the prayers that were woven into its pattern. Reassure me of your faithfulness to deliver me from my times of trouble.

Thank you, Father, for the loving support of other Christians, and the encouragement given through their prayers.

In trust, I give myself to you, and your perfect goodness.

All of this I pray in the name of your Son and my Savior, Jesus. Amen.

In God, all things are held together.

—Colossians 1:17